
NEWSLETTER

Update situation Hoofddorp Medical Centre

A few weeks since the beginning of the Corona crisis, we would like to inform you about the situation in our practice.

First of all, many thanks for all the support, kind words and understanding we have received in the last weeks. These are troubled times for everyone. We hope you are doing well at home. In our practice, everyone is still healthy

and we are trying to support as many patients as possible.

In this newsletter

- Accessibility of practice in Corona times
- Permission for digital platform: MGN, Mijndoc.nu, LSP
- Annual Influenza and Pneumococcal vaccination
- Postal area Practice



Practice accessibility

In the meantime, we are trying to keep our regular care going as much as possible. We prefer to do this by telephone and email to prevent contamination back and forth. We would like to ask you to pay extra attention to personal hygiene such as washing your hands before coming to the practice.

The following remains important:

- Call us immediately for serious or acute complaints, with or without Corona, as early in the day as possible.

- You do not need to contact us for minor or mild complaints that are in line with complaints for the Corona virus. You can consult reliable websites, as thuisarts.nl/corona and pharos.nl/coronavirus.

- You can contact us for other care questions as well. We will try to answer your questions by telephone, email or video-call as much as possible

- Only come to the practice if you have an appointment.

- The assistants are available by phone between 8.00 – 12.00 and 15.00 – 17.00. The assistants will answer your question or, if necessary, ask one of our GPs to call you back. If necessary, you will receive an appointment on which, during this Corona crisis, you must come alone. Any escorts from adults are requested to wait outside.

- If necessary, we can make an appointment at the practice. To prevent people from meeting each other in full waiting rooms, we have very limited capacity for these appointments.

- Again: in these Corona times, we kindly request that you visit the practice only by appointment and alone.

- Laboratory: Since this March we have a lab facility within our practice. You can come to check your blood on an appointment.

- For care questions to the assistant such as urinalysis, Medical forms, questions and/or passing on information, etc., we request that you first call and not come to the practice.

- The care provided by our nurses (psychologists and lung-, diabetes- and elderly nurses) continues. However, all practical appointments have been converted to telephone appointments or video calls.



Your permission for sharing medical information for MGN, Mijndoc.nu en LSP

To provide the best possible medical care, it is important you give permission in sharing your medical records. There are several applications on which we need your permission: Mijgezondheid.net, Mijndoc.nu and LSP.

Mijgezondheid.net

On our website mc-hoofddorp.nl you can find more information and a login for mijgezondheid.net. With this application it is possible to get an e-consult and to get a refill prescription. Soon, your GP records will also be available for you via this online platform.

Mijndoc.nu

To optimise regional medical cooperation, we kindly request your permission via mijndoc.nu. On this digital, regional platform the medical specialists from the Spaarne Hospital work together with the local pharmacies, the laboratories and your GP.

National Switch Point: LSP

We would also like to draw your attention to the National Switch Point (LSP) once again, with which you ensure that important medical information is visible at the GP post in the hospital. You can easily authorise this via this link: volgjezorg.nl/toestemming.

E-mail address and mobile number

For optimal communication it is important to have your current, personal

e-mail address and mobile number in our system.

Via assistente@mc-hoofddorp.nl you can update your profile. Furthermore, it is possible to ask our assistant short questions via assistente@mc-hoofddorp.nl.

Website

On our website you can find the latest information about the organisation of our practice: mc-hoofddorp.nl. This newsletter, together with working links is also published on our website for easy access to the digital platforms mentioned to share medical information.



Flu- and Pneumococcal vaccination

Flu vaccination

Currently, Influenza ("Flu") vaccination in the Netherlands is advised for all individuals aged 60 years or older and individuals with comorbidity who have an increased risk of complications or death due to this infection. Every Autumn we provide these Influenza vaccination for these risk patients. Because of the current Corona epidemic, we expect more patients than usual to come for this vaccination. If you declined for this Influenza vaccination in previous years but changed your mind and would like to have this vaccination and you are part of this risk population, please let us know so we can order enough vaccines. We can only order the vaccines once. If you did not request a vaccine, we cannot guarantee that you will get a vaccination. More information on [voor-wie-is-grieprik](#).

Pneumococcal vaccination

From this autumn, all adults aged 70 or 75 will receive an invitation every five years from their GP for the pneumococcal vaccination. This vaccination can be administered together with the influenza vaccine. The Health Council of the Netherlands recently gave the advice to vaccinate every adult from the age of 70 years. The vaccination protects against 23 of the most common types of the pneumococcus bacterium. The vaccine will not prevent every illness caused by pneumococcus. It will, however, prevent a vast amount of hospital-admissions

and deaths. More information on [pneumokokkenvaccinatie-voor-ouderen](#).

Soon we will send a separate mailing to our risk groups to check the extra interest for vaccination.

Postal area Practice

Some patients live too far from our practice. Because of the maximum distance for house call is 10 minutes by car, we kindly ask patients who live further from our practice to register at a General Practitioner near their homes. We thank you for your understanding.

A lot of strength in the period ahead

If necessary, please call
023 - 561 77 03

Kindest regards,
Team Hoofddorp Medical Centre

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en K. Wind, General Practitioners
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